

For Children Ages 8-12

Week 1: Nature's Palette: A Week of Wildcrafting (June 2nd-6th)

Dive into the vibrant world of natural dyes and wildcrafting this summer! Our week will be filled with crafting playdough and tie-dying t-shirts using colors derived from nature. We'll explore the art of dyeing bandanas with hues extracted from plants, berries, coffee grounds, and even soil to discover the most effective eco-friendly paint. Beyond dyeing, we'll embrace the wildcrafting spirit by creating soothing salves from natural ingredients, weaving unique patterns with materials found in nature, and engaging in other earth-friendly activities. The adventure continues with flower pressing and a special focus on making vibrant prints with real flowers. It's a week designed to celebrate nature's palette and teach children the joys of sustainable crafting!

Week 2: Mindful Morsels: Holistic Culinary Creations (June 9th-13th)

Join us for a delicious journey at our "Mindful Morsels" class, designed especially for young chefs aged 8 to 12! Throughout this week-long adventure, we'll dive into the art of cooking and baking with a healthy, holistic twist. Our budding culinary artists will learn to prepare a variety of simple, nourishing dishes that delight the taste buds and fuel the body. Each day, we'll explore different themes and techniques, starting with the creation of colorful fruit plates that teach about the importance of eating a rainbow of foods for health. Our young chefs will master the art of assembling snack boards, combining a variety of textures and flavors to make eating fun and balanced.

Baking day will bring the joy of making wholesome cookies, where we'll swap traditional ingredients with healthier alternatives without sacrificing flavor. Throughout the week, we'll emphasize the importance of whole foods and introduce our campers to a range of ingredients that are both good for them and for the planet. In addition to cooking and baking, we'll incorporate lessons on kitchen safety and the basics of holistic nutrition. Our young chefs will leave not only with new cooking skills but also with an appreciation for healthy eating and a curiosity about the foods they consume. Get ready for a week of fun, learning, and delicious food!

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Week 3: Fiber Arts: Creative Threads (June 16th-20th)

Join us for an immersive week in the textile and paper arts! Students will each create a personal loom and engage in a variety of crafts including weaving, macramé, and basic sewing. We'll explore the creation of unique bookmarks and bracelets, and delve into the techniques of Nordic weaving, boondoggle, and friendship bracelet making. Adding to our textile exploration, we'll introduce students to the art of wet felting, basic needle felting, papermaking, envelope making, and origami paper folding. Creative Threads weaves imagination and creativity together into an unforgettable experience!