



Daily/Weekly Rhythm Chart for Grade 4/5

(*Rotating subject lessons: baking, herbalism, music, knitting, woodcarving, circus arts, farming/ gardening)

Times	Monday	Tuesday	Wednesday	Thursday	Friday
8:45-9:30 AM		Arrival+ Free Play	Arrival+ Free Play	Arrival+ Free Play	
9:40-10:00 AM		Morning Circle	Morning Circle	Morning Circle	
10:00-11:15 AM		Movement Block	Movement Block	Movement Block	
11:15-12:30 AM		Main Lesson	Main Lesson	Main Lesson	
12:30-1:00 PM		Lunch	Lunch	Lunch	
1:00-2:00 PM		Art/Handwork	Spanish	Art/Handwork	
2:00-2:30 PM		*Subject Lesson	*Subject Lesson	*Subject Lesson	
2:30-3:00 PM		Free Play	Free Play	Free Play	
3:00-3:30 PM		Parent Pick Up	Parent Pick Up	Parent Pick Up	