

## For Children Ages 4-6

### **Week 1: Fairy Tales, Potion Making, and Nature Arts (June 1st-5th)**

Step into a world of enchantment with our "Fairy Tales, Potion Making, and Nature Arts" summer camp at Sunrise School of Ormond Beach! Throughout the week, campers will delve into classic and beloved fairy tales, exploring the lessons and lore within these stories. They'll craft their own storybooks, bringing their interpretations and illustrations to life, and participate in dramatized story-telling, enhancing their confidence and expressive skills. Our nature potion sessions turn the outdoors into a laboratory for sensory play! Children will mix water, sand, dirt, dried flowers, and herbs, learning about the textures, smells, and colors of nature. The adventure extends into nature arts, where campers will use elements from the earth to create unique art pieces. Activities such as leaf printing, twig weaving, and stone painting will allow them to express their artistic visions, inspired by the textures and shapes of nature.

This camp offers a perfect blend of storytelling, sensory exploration, and creative expression, providing campers a wonderful opportunity to delve into a world of fairy tales, engage in imaginative nature play, and discover the artistic potential of the world around them. Join us for a magical week of exploration, creativity, and fun!

### **Week Two: Ways of the Woods (June 8th-12th)**

Discover the secrets of the forest with our "Ways of the Woods" summer camp at Sunrise School of Ormond Beach! This immersive week-long experience will teach essential outdoor skills such as fire building, map reading, plant and tree identification, and shelter construction, all through the lens of Waldorf education's emphasis on connecting with nature. Campers will also learn the art of solar cooking, transforming the sun's rays into energy for preparing simple snacks. Storytelling sessions enriched with the lore of the wilderness will further ignite their imaginations. "Ways of the Woods" offers a perfect blend of outdoor education, environmental stewardship, and imaginative play, promising a week of fun, learning, and connection with the natural world!

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### Week Three: Bread, Butter, and Jam (June 15th-19th)

Step into the delightful world of homemade goodness with our "Bread, Butter, and Jam" summer camp at Sunrise School of Ormond Beach! This heartwarming week-long camp invites young campers (ages 4-6) to experience the joys of creating food from scratch and crafting items that bring warmth and beauty to the everyday table.

Throughout the week, our little chefs will get their hands floury as they learn the art of bread-making, from kneading the dough to witnessing the magic of the bread rising. The adventure continues as they churn cream into butter and cook up fresh, fruity jam, experiencing the simple pleasures of making food with their own hands. Campers will craft dipped beeswax candles, bringing a gentle light to our communal table, and dye cloth napkins with natural dyes, personalizing their creations with colors and patterns inspired by nature.

"Bread, Butter, and Jam" is a celebration of hands-on learning, creativity, and community. It's a place where young children can explore the wonders of making and sharing, all within the nurturing environment. Join us for a week filled with joy, discovery, and the warm, inviting aroma of freshly baked bread!



## For Children Ages 4-6

### **Week Four: Earth Helpers of the Enchanted Forest (June 22nd–26th)**

Immerse your child in the magical world of "Earth Helpers of the Enchanted Forest" summer camp at Sunrise School of Ormond Beach! This enchanting week invites campers into a living story where imagination and stewardship gently intertwine. Through rich storytelling and daily nature immersion, children will discover the hidden world of forest gnomes and flower fairies—and the gentle work they do to care for the earth. Throughout the week, our young campers will joyfully step into the role of Earth Helpers. Together, we will tend garden beds, water trees and flowers, sweep woodland paths, and build simple shelters for our forest friends beneath our beautiful old pine trees. Children will help create a small fairy and gnome village using natural materials gathered respectfully from the land, learning that caring for the forest is part of the magic.

Nature-based creations will deepen the experience as campers craft seed balls to nourish the soil, tie fragrant herb bundles to dry at home, create simple nature weaving frames from sticks and grasses, explore bark and leaf rubbings, and experiment with sun-prints using leaves, turmeric, and natural light. Each activity invites children to observe closely, move gently, and work with their hands in meaningful ways.

"Earth Helpers of the Enchanted Forest" is a celebration of belonging, responsibility, and wonder. Join us for a week of magic, movement, and heartfelt connection to the natural world.



## For Children Ages 7-11

### **Week 1: Fiber Arts: Creative Threads (June 1st-5th)**

Join us for an immersive week in the textile and paper arts! Campers will each create a personal loom and engage in a variety of crafts including weaving, macramé, and basic sewing. We'll explore the creation of unique bookmarks and bracelets, and delve into the techniques of rock weaving, boondoggle, and friendship bracelet making. Adding to our textile exploration, we'll introduce campers to the art of wet felting, basic needle felting, papermaking, envelope making, and origami paper folding. Creative Threads weaves imagination and creativity together into an unforgettable summer camp experience!

### **Week 2: Mindful Morsels: Holistic Culinary Creations (June 8th-12th)**

Join us for a delicious journey at our "Mindful Morsels" summer camp, designed especially for young chefs aged 8 to 10! Throughout this week-long adventure, we'll dive into the art of cooking and baking with a healthy, holistic twist. Our budding culinary artists will learn to prepare a variety of simple, nourishing dishes that delight the taste buds and fuel the body.

Each day, we'll explore different themes and techniques, starting with the creation of colorful fruit plates that teach about the importance of eating a rainbow of foods for health. Our young chefs will master the art of assembling snack boards, combining a variety of textures and flavors to make eating fun and balanced.

Baking day will bring the joy of making wholesome cookies, where we'll swap traditional ingredients with healthier alternatives without sacrificing flavor. Throughout the week, we'll emphasize the importance of whole foods and introduce our campers to a range of ingredients that are both good for them and for the planet.

In addition to cooking and baking, we'll incorporate lessons on kitchen safety and the basics of holistic nutrition. Our young chefs will leave not only with new cooking skills but also with an appreciation for healthy eating and a curiosity about the foods they consume. Get ready for a week of fun, learning, and delicious food!

## For Children Ages 7-11

### **Week 3: Nature's Palette: A Week of Wildcrafting (June 15th-19th)**

Join us for an immersive week in the textile and paper arts! Students will each create a personal loom and engage in a variety of crafts including weaving, macramé, and basic sewing. We'll explore the creation of unique bookmarks and bracelets, and delve into the techniques of Nordic weaving, boondoggle, and friendship bracelet making. Adding to our textile exploration, we'll introduce students to the art of wet felting, basic needle felting, papermaking, envelope making, and origami paper folding. Creative Threads weaves imagination and creativity together into an unforgettable experience!

### **Week 4: Storytelling, Art, and Music (June 22nd-26th)**

This immersive week-long experience harmoniously blends the art of storytelling with musical expression and visual arts, creating a multidimensional canvas that invites children to explore, create, and connect in profound ways. The journey begins with the ancient art of storytelling, where campers will explore diverse tales from various cultures, learning to weave their own narratives with words. These stories become the soul of our camp, guiding the children as they embark on artistic ventures, translating stories into visual masterpieces through painting, sculpture, and handwork. The stories told will not only be spoken but also visually represented, allowing the children to delve deeper into their imaginations and see their narratives come to life.

Music becomes the heartbeat of our storytelling, with campers discovering how melodies, rhythms, and sounds can amplify and enrich their tales. They'll learn to integrate musical elements into their stories, whether through creating soundscapes that evoke the mood of their tales or composing songs that narrate their adventures. This interplay between storytelling and music encourages campers to think creatively about how different forms of expression can interconnect and enhance one another.

Our "Storytelling, Art, and Music" week is a space where creativity knows no bounds, and where children are encouraged to explore the synergies between these disciplines, crafting a week filled with collaborative creation, deep learning, and joyful expression!